Who is most likely to get really sick?

- People over 65
- People with health problems (like heart disease, diabetes, lung disease, and cancer)

What are the signs of COVID-19?

- Fever
- Cough
- Difficulty breathing
- New loss of taste or smell

How can you keep yourself and others safe?

- Wash your hands
- Avoid close contact with other people
  - Only go out in public for food, water, or health care
  - Stay 6 feet away from others
  - Stay home
- Do not touch your face, nose, eyes, or mouth with unwashed hands
- If you must go out, wear a cloth face covering over your nose and mouth

Need help with social services? Call 211 or visit www.mi211.org

Need mental health support? Call 888-733-7753 (available every day 10:00am - 2:00am)